

ANNUAL REPORT 2021



Mission

Through housing, services, support, and treatment, we serve Pierce County mothers and their children impacted by chemical dependency, homelessness, and trauma. We help mothers achieve and maintain safe reunification through clean and sober living, healing, and self-sufficiency.









EXECUTIVE DIRECTOR STATEMENT

As we face the daily challenges of the global pandemic, the mission of New Phoebe House – to positively affect sustainable change in the lives of our resident moms and their children – is more critical and urgent than ever. The past year required staff, residents, and our board to adapt quickly to changes on a near daily basis. I am in awe of the commitment to 'make it work' no matter how daunting the task.

It has been a productive year for New Phoebe House with some changes along the way including my promotion to Executive Director when Naomi Villano retired in May. Plus, we had to pivot to a hybrid event when health measures prevented us from hosting an inperson event.

It is not our accomplishments alone that warrant recognition. We thank all who have contributed to our success, especially while mired in this difficult set of circumstances. As I look back at 2021 as highlighted in this annual report and forward to 2022, I am encouraged and confident that we continue to be on the right track.

Warm regards,

LISA TALBOTT

New Phoebe House Executive Director

OUR 2021 COMMUNITY STORY

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Had I not had somewhere safe to bring my daughter, I don't know that I would have gotten clean and been able to make the changes in my life that I did. I learned how to take feedback instead of getting defensive. I cut people out of my life who were toxic. I am on top of my mental health and substance medications because New Phoebe House helped me realize that's important.

If you are ready for a better life, you can get that at NPH. This place can help you with every area of your life if you really do what you need to with an open mind. I have never felt like an actual mother to my kids until I came here. It's an amazing feeling.

Living here at NPH can change your life, you just have to be willing to change. The structure is what you need when you are getting clean. You will be thankful for it if you stick with it. You have the chance to grow into a strong, independent person and you will learn all new tools. Your life is worth it.



Outcomes

New Phoebe House offers a comprehensive, 4-phased approach to address mental health challenges, substance abuse issues, family reunification, and skill building with each mother in our care. This proven approach empowers our clients to sustain a healthy and productive lifestyle in the community while moving herself and her child(ren) into permanent housing.

After navigating a second year of COVID-19 and additional challenges we faced, New Phoebe House has come through 2021 successfully. We shepherded 15 families into permanent housing ready to participate as productive members of our community. Through the course of the year, 26 moms and 29 children lived in our transitional housing; 22 moms and 25 children participated in our AfterCare program. We provided 2,202 case management hours. Here is **2021 By the Numbers**:

In-House Achievements

26 moms and 29 children were residents in 2021

- 26 Moms received individualize parent assessments
- 10 Moms increased custody of one or more children
- 7 Moms attended college while at New Phoebe House
- 2 Moms worked on acquiring a GED
- 4 Moms found gainful employment
- 9 Moms opened bank accounts

AfterCare Successes

22 moms and 25 children continued into AfterCare

- 73 hours of parenting coaching were completed
- 10 Moms found and maintained employment
- 11 Moms made progress toward custody of children
- 12 Moms maintained checking and/or savings accounts
- 3 Moms acquired a driver's license
- 4 Moms are attending school

Educational Classes

198 classes offered in 2021

of Classes / Topic

- 42 Parent Education
- 45 Domestic Violence
- 52 Recovery Education
- 30 Home CEO
- 29 Self-Care

Case Management

2.202 hours

1-on-1 sessions

Topics and Tools

Self-sufficiency tools Removing barriers Mental health

Children's Programming

To further the connection between our moms and their children, we take them on Bonding Retreats which are designed to create positive memories. Retreats this past year included community and neighborhood events, visits to Point Defiance Zoo, a trip to the pumpkin patch, and house-hosted game nights. Additionally, while the moms are in their own program offerings, we provide structured children's programming that allows us to work with the children on appropriate behaviors, appropriate play with peers, and identifying emotions. In 2021, we provided 514 children's programming hours.



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Learning To Smile Again

When Timmy came to New Phoebe House, he was four years old. Prior to moving into our program, he had experienced high trauma while with his addicted mother and had lived more than half his young life in foster care. Timmy regularly exhibited a series of emotional outbursts and violent behavior. He would hit, yell, and run from adults. This happened often when outdoors and near busy streets creating a safety concern.

Following our assessment, we created a plan that included working with his mother and social services to get him into services for speech, trauma therapy, occupational therapy, and medical needs. We worked directly with his mom on managing his emotions and violent tendencies. Over time he began to identify his emotions and use age-appropriate breathing techniques to help manage his outbursts. We also worked with Timmy and his mom to help him understand safety matters which reduced behaviors and concerns regarding running into the street.

Timmy was at New Phoebe House for a year. While with us, he learned many new and appropriate life skills such as how to play with his peers in a healthy way and express what he was feeling. By the time he exited our program, his emotional outbursts were minimal, his speech much improved, and he was making strides in therapy. He slowly evolved into a curious, happy, and smiling 4 year old.

Goals Achieved

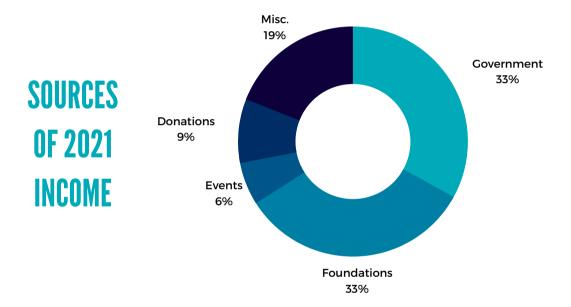
2021 FOCUS: Navigate Changing Needs Due to Pandemic

- As more and more recovery support groups in the community were cancelled, New Phoebe House realigned programming options to include more in-house group sessions. We also increased the number of classes offered which was instrumental in keeping our residents engaged inside the house.
- Through foundation grant support, we added a new staff person in the position of Recovery Support Specialist to provide more 1:1 support to our residents.
- We identified the changing landscape of housing opportunities and the impact it had on the length of stay in our program. We assessed and adjusted our goals and timelines which allowed us to be more effective in supporting our resident's short-term goals.
- We adapted for increased virtual visits with mothers and children residents to preserve integrity of provided services and maintained full array of services as we navigated COVID-19 pandemic and economic recovery challenges.
- In early 2021, Pierce County Health reported concern after a surge in drug fatalities. New Phoebe House monitored reports and potential increases for services and successfully adapted programming as needed.



New Phoebe House is proud to report another year of strong support from our donors and grantors who enable us to serve in Pierce County.





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- Legacy Gifts by naming New Phoebe House as a beneficiary of your estate plan
- · Match Gifts from your employer, which can double or triple your impact

To learn more, contact Lisa Talbott at 253.383.7710 or email Lisa at lisat@newphoebehouse.org

Every donation makes a difference.

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